

# *Spring Women's Retreat*

*April 26 - 28, 2019*

*Resilience for the  
Fearfully and  
Wonderfully Made  
Based on Jeremiah 29:11  
and Matthew 11:28-30*

*Led by Rev. Dr. Tracy Mehr-Muska*

Reverend Dr. Tracy Mehr-Muska serves as a University Chaplain at Wesleyan University. She is an ordained Presbyterian pastor, board certified interfaith chaplain, Coast Guard veteran, wife, and mother. Her passion for learning about and teaching resilience has been inspired by the strong and spirited people she has served and worked alongside while in the military and while ministering in a trauma hospital, prison, psychiatric hospital, university, and hospice.



**Join women of all ages for a weekend of reflection, rejuvenation and recreation!**

- Large group sessions
- Hiking
- Boating
- Zipline
- Engaging worship
- Made from scratch meals
- Small group discussions
- Massage (available for an additional fee)
- Campfire
- Starwatch (weather dependent)
- Fellowship
- Laughter

**All of this will create a memorable weekend not to be missed!**

**Retreat Fee: \$170 for a Semi-private room, \$210 for a Private Room**

**The retreat includes: Two Nights Lodging and Friday Dinner through Sunday Lunch (6 meals)**

For more information and to register online visit [www.campjburg.org](http://www.campjburg.org)  
If you have any questions, email: [office@campjburg.org](mailto:office@campjburg.org) or call: (908) 852-2349